

# The Golden Anniversary Challenge

Girlguiding South West England is celebrating its 50<sup>th</sup> year as a Region.

To celebrate such a landmark year, we have a super Golden Anniversary Challenge pack for you! With a full range of activities for all sections – we hope you will enjoy completing your collection of favourites. Remember to share with us your progress on the Region's social media pages so we can see all the wonderful work you do!

Leaders are welcome to adapt any of these activities as they like to make them suitable for their units or circumstances. The Region's social media pages will be posting regular ideas and updates from January to May so keep a lookout for helpful inspiration!

When you have completed at least one activity from each of the 5 categories, as well as 5 activities from across all categories, you will have earned the limited-edition Golden Anniversary badge! The badge is available to buy for £1 (plus postage and packaging) from the Region's online shop [here](#).

To record all your efforts, your first challenge is to buy an A4 sized scrapbook and download the 'GGSWE 50 Years' artwork from the Region website [here](#). Colour it in and decorate as elaborately as you please! Stick this on to the front cover of the book. *This is your official Golden Anniversary Challenge Book keepsake!*



# Celebrations

- Celebrate Chinese New Year! Find out what your Chinese New Year animal is. Click [here](#) for a great crafty way to build a paper dragon!



- It is very much part of the Chinese New Year celebrations to have a huge variety of Chinese cooking leading up to the day. Try a recipe for tasty Chinese noodles! Take pictures of your finished dish and write down how it tasted. What other recipes could you try to celebrate Chinese New Year?

- Research a world celebration event and write up about it with interesting facts and pictures for your scrapbook (for example: Holi Hindu Festival of Colour, Rio Carnival in Brazil, Día de los Muertos in Mexico). How long has the celebration been going and what makes it unique and special?

- Make a special card for a friend or family member. Decorate it with buttons, ribbons, pieces of scrap material or coloured wrapping paper. This could be a Mother's Day card in March or even a birthday card for the Region!

- If you could invite a famous person from history to a party, who would you choose and why? Write up some interesting facts about your 'special guest' and add them to your scrap book. Perhaps you could find a picture of them which you could include.

- Make or buy some cupcakes and decorate them either as individual birthday cakes, or as one big tiered cake.



- Design a party outfit – draw a picture for your scrap book, perhaps you could use some offcuts of material or coloured paper to bring your design to life.



- Make a party hat or fascinator. You could use material, card and paper, leaves and feathers you might find outdoors or raid household items like loo rolls and scraps of foil or card!

- Have a 'wild nature' tea party. Setup an afternoon tea in your garden or local park using all the natural things around you. Find different shaped leaves to make cups and saucers or string them together for bunting! Be creative with all the interesting natural things around you but be gentle and mindful of the environment around you.

- Get crafty with stencils and make some celebration themed posters! Using card or thick paper, cut out fun shapes to suit the theme of your celebration. Then using paint or colouring pens, use the cut outs as stencils and repeat the patterns on to your posters. How many interesting shapes and colours can you create? Stick a poster into your scrapbooks.



# 50



- Take 50 photographs over a week. You can capture all the everyday things around you like your family or pets. Will you go on a lovely walk or visit an interesting location? Create a photo collage with your favourite pictures.

- Take a walk around your home and make a list of 50 'gold' objects you can find – it might be a pen or a door key or a cushion; you could include orange and yellow coloured objects as well or make a separate list of those. It doesn't matter if you don't manage the full 50, perhaps try a different colour like blue or red. Add the lists to your scrap book.



- Learn how to say 'celebration' in 5 different languages. You could also go on to learn the words: anniversary, tradition and gold!



- Write a poem or song with the theme of 50, celebrations or Girlguiding. Think of lots of keywords and build your song or poem around these. It could be a fun limerick or a full song with music!

- Create a collage using scraps from magazines, books or pamphlets with all gold, yellow and orange colours. Create a big 50 or the Trefoil symbol in your scrapbooks!

- Learn some steps to a new dance. Perhaps a 1950's dance like the hand jive or the stroll! Try 5 new steps each day and practise putting them together to make a routine.



- Write down 5 things that make you feel happy. Ask 5 people you know to name 5 things that make them happy. Are all your answers very different or do you enjoy similar interests?



- Collect 5 sets of 10 items outdoors. 10 sticks, pebbles, leaves or anything you can find! Get crafty with your new items and stick them together or paint them in lots of colours.

- Is your unit raising money for the Chief's Charity Challenge? Think of how you can help and come up with 5 new ideas for fundraising. Perhaps you could host a bake sale or do a fun run in your local area? Click [here](#) for more information and how to get a certificate to mark your achievements.

- Where do 50 steps take you each day? Try the daily step challenge and measure how far or long 50 steps takes every day. You could go on a walk or just loop around the house. Does walking faster in tiny steps get you further than walking very slowly in larger strides?



# Golden



- Go for a walk and make a list of the 'gold' flowers you spot: daffodils, primroses, pansies, celandines, forsythia, winter jasmine.... Record the date of your walk and add the list to your scrap book – perhaps you could do the walk again in a few weeks' time and see if any new flowers have appeared.
- Make your own golden themed puzzle. Use gold markers, glitter and gold card to create a wordsearch, dot to dot or cut out puzzle. You can make it easy to complete or attempt something a bit more challenging!
- Grow your own 'Golden Birthday Bouquet'! Marigolds, pansies, sunflowers, there are lots of 'gold' flower seeds you could plant now which you will be able to enjoy later in the year.



- Challenge yourself to completing some form of exercise to win a 'gold' medal. You could try skipping for 50 seconds, hopping on one leg 50 times or sprinting in the garden or in your local park, or perhaps seeing how high you can throw a ball up in the air and catch it – can you do it 50 times without dropping it? How about standing up and sitting down on a chair 50 times....

- Bake a golden syrup cake. Remember to show us your finished bakes by sharing pictures to the Region's social media pages! Click [here](#) for a recipe.



- Can you think of an inspirational sports person who always goes for gold? They don't have to be an Olympic athlete but just someone who always tries their best in their field. Find out more about them and write some interesting facts into your scrapbook.

- Up-cycle with gold! Give something a new lease of life with a bit of gold decoration. You can use glitter or gold paint or gold leafing on an old pot or piece of furniture. Perhaps a picture frame needs brightening up or some stationery? Share photos with us of how creative you can be!



- Think of a word beginning with G, O, L and D. Try to make a silly sentence with your words! You can add in 'the', 'and' and 'is' to your sentences to join them up if you need to. We started with: Guiding Owls Love Dinosaurs and Giggling Otters Lie Down. How many sentences can you come up with? Write them down in your scrapbook.

- Get your thinking caps on and host a quiz! Create all the questions around celebrations, gold and Girlguiding. We will be posting some fun facts and trivia about the Region's last 50 years on social media so keep your eyes peeled for some great quiz question ideas. Share your quizzes with us, try them on a virtual games day with your friends or unit and record them into your scrapbooks.

- Start a gold stars achievement chart! Create a chart or to do list of things you would like to achieve over the next day, week or month. Every time you do something towards reaching one of your goals, give yourself a gold star. How many gold stars until you reach all your goals?!



# Traditions/Memories

- Write down a list of your favourite memories of your time with Girlguiding. Do you have any photographs or memorabilia to put into your scrapbook? If you don't want to put the originals in, then you can take pictures of them to include!



- Get leaders or adult members to share their photos and memories from their Girlguiding days! What are their fondest memories and do they have photographs? Encourage them to share any findings with us on the Region's social media pages. Write down the stories and dates into your scrapbook.

- What activities have Girlguides been involved in over the decades? Can you find out what your leader or someone you know has done in the past and can you recreate it?

- Research 5 badges from the last 50 years and think about how the designs have adapted over the years – draw them!

- What important national and world events happened the year you were born? You could do some research or ask older friends and family what they can remember. Write up what you find out and add it to your scrap book with some pictures.

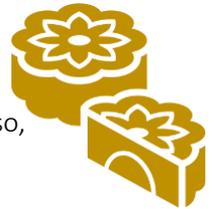


- Create a time capsule! Time capsules are fun to make, and even more fun to open years down the line. A time capsule can be any container that holds objects meant for people to open in the future, whether that be in 5, 10, or even 100 years. Put in photographs, newspaper cuttings, letters or toys that represent who you are and the world around you today. You should keep the contents wrapped separately from one another and choose a container that is waterproof and airtight to prevent damage.

- Try out some classic games that have been popular over the last 50 years. Chinese jump rope and hopscotch are fun to try outdoors. If you are staying in, then how about learning a classic card game or boardgame?

- What was a classic 1950's recipe? A pineapple upside down cake! Download the recipe [here](#) and get baking. Share your finished bakes with us on the Region's social media pages!

- How have the Guiding uniforms changed over time? Draw an old uniform and compare it to what you wear today. Do you have a favourite old uniform and if so, which decade was it from?



- What kind of activities do you think girls will be doing in 50 years time? Write a letter to, or make an activity challenge sheet for a future Rainbow, Brownie, Guide or Ranger.

# Counties and Islands



- Share a recipe from your County or Island and post it on the Region's social media pages. Try out a recipe that another County or Island has posted. Once we have all the recipes online we might be able to put them together as a Region Cookbook! Do include who originally created the recipe if you can.



- Design a badge or poster that represents how your County or Island would celebrate the Regions 50<sup>th</sup> Anniversary! Be colourful and creative and use any arty materials to bring it to life.



- Find out about an interesting event that happened in 1971 in your County or Island. Look up an old newspaper article or story and write about it for your scrapbook. It would be great to find a picture to go with it!

- Take a walk outdoors and think about all of your local surroundings. Do you live in a town or the countryside? Is it busy and bustling or very quiet? What makes the landscape around you unique to your County or Island? Is there a symbol or emblem that is particular to where you live? If so, draw it in your scrapbook.

- How long have the shops and local businesses been open around where you live? Have some buildings remained unchanged over the decades such as a family butchers or locksmiths? Can you find any old photographs or speak to local store owners? Write down your findings in your scrapbooks.

- Go out and play the Alphabet Street game. Try to find every letter of the alphabet from A-Z in the streets and buildings around you. Street signs, building names, even car bumper stickers will all hold the answers. Write down where you found it and collect them all!

- Think of a building, monument or structure that your County or Island is famous for and either draw a picture of it or if you're feeling very crafty – create a model of it! Use any materials you like – old plastic bottles and bits of recycling can come in handy!

- Can you find a town or village in your County or Island beginning with the letters G, O, L and D. Where are they and how many people live there? Do you live in one? Write down your findings into your scrapbook!

- What are the stars like at night where you live? Can you spot any constellations on a clear night and find out what they are? Click [here](#) for an easy stargazing guide to get you started!

- Join together in the Region's virtual sleepover for WTD@HOME! It is a wonderful time to come together as such a special collection of Counties and Islands. Celebrate the 50<sup>th</sup> year of the Region and the world of Girlguiding together. Click [here](#) for the Region's booking site.

