

Challenge 31



WE DISCOVER, WE GROW

Girlguiding

South West England

- Collect 31 leaves for leaf printing
- Take a walk and try and spot 31 animals
- Make your own bird-feeder
- Find 31 different road signs around your neighbourhood
- Learn 31 words in a new language
- Make 'Mary's Cookies'
- Do 31 star jumps or sit ups
- Make a hedgehog house
- Spend 31 minutes doing something you love
- Write a 31 page play to practice at home with your family
- Sing a song that lasts 3 minutes and 10 seconds
- Write a list of 31 nice things you could do for someone else, and see how many you can do
- Complete 31 crosswords/sudokus/word searches
- Take 31 selfies in 31 different locations
- Create a recipe with a budget of £31
- Make a scrapbook of your lockdown memories
- Treat the grown ups of your house and cook the dinner
- Climb 310 steps
- Learn the Promise in sign language
- Make and decorate 31 cupcakes
- Write 31 cards to those you've missed during lockdown
- Walk or cycle 31 miles
- Do 31 forward rolls or cartwheels
- Spend 31 minutes with someone you love
- Plant 31 seeds
- Make a playlist with 31 songs
- Hold a garden tea party
- Collect 31 things on a scavenger hunt
- Think of 31 foods that you would like to try and try to make them
- Run 31 laps of your garden or local park
- Make the number 31 out of recycled materials

